

WOODBURY COUNTY BOARD OF SUPERVISORS AGENDA ITEM(S) REQUEST FORM

Date: 10/20/2016

Weekly Agenda Date: 10/25/2016

ELECTED OFFICIAL / DEPARTMENT HEAD / CITIZEN: _____

WORDING FOR AGENDA ITEM:

Approval of utilizing a new "Point System" for our Wellness Program for the retention of individual Wellness discounts.

ACTION REQUIRED:

Approve Ordinance

Approve Resolution

Approve Motion

Give Direction

Other: Informational

Attachments

EXECUTIVE SUMMARY:

We would like to provide additional ways for Woodbury County Employees to maintain their wellness health insurance discounts throughout the year.

BACKGROUND:

Although the Wellness Program and discounts have been successful, we would like to elevate the program by giving employees more options to maintain their health insurance discounts through out the year. The quarterly coaching would still be an option but we would like to include, for example, tobacco cessation, self-directed fitness, and weight loss to name a few. This is done with the idea of improving employee participation and helping the employee gain momentum in their pursuit of health and well being. Mercy Business Health will keep track of the points earned by our staff.

FINANCIAL IMPACT:

There is none. The administrative cost of the point tracking would be offset by the fewer hours needed for coaching individual employees.

IF THERE IS A CONTRACT INVOLVED IN THE AGENDA ITEM, HAS THE CONTRACT BEEN SUBMITTED AT LEAST ONE WEEK PRIOR AND ANSWERED WITH A REVIEW BY THE COUNTY ATTORNEY'S OFFICE?

Yes No

RECOMMENDATION:

My recommendation would be to move forward with the new Wellness Program.

ACTION REQUIRED / PROPOSED MOTION:

Approve the "Point System" as a way for employees to maintain their Health Insurance discounts.