

WOODBURY COUNTY BOARD OF SUPERVISORS PROCLAMATION

Resolution No. 13,724

May is National Mental Health Month

WHEREAS, mental health is essential to everyone’s overall physical health and emotional well-being and

WHEREAS, surroundings can impact if, how, and when a person’s needs are met, which in turn affects mental health; and

WHEREAS, there is a need to recognize that mental illness affects the lives of many of our citizens and residents of all ages and sectors; and

WHEREAS, mental illness will strike one of five adults; and about two in ten children live with a serious mental or emotional disorder regardless of race, ethnicity, religion or economic status; and

WHEREAS, people who have mental illnesses can recover and lead full productive lives and with the help of the Mental Health Roundtable, which consists of various agencies working together to destigmatize mental health in the Siouxland area; and

WHEREAS, an estimated two-thirds of adults and one half of children with diagnosable mental health disorders are not receiving the help they need; and

WHEREAS, stigma continues to be the single most significant barrier to people getting the help they need; and

WHEREAS, mental health awareness helps individuals avoid the significant consequences of untreated anxiety, depression and stress; and

WHEREAS, the cost of untreated and mistreated mental illnesses and addictive disorders to American businesses, governments and families continues to grow; and

WHEREAS, disparities in mental health can be reduced by improving community outreach and engagement which ensure competent care for diverse communities; and

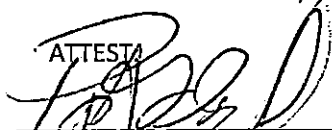
WHEREAS, positive mental health fosters self-esteem, and promotes personal happiness and effectiveness; and


WHEREAS, good mental health helps prevent community violence, abuse and family instability; and;

WHEREAS, the Woodbury County Board of Supervisors observes Mental Health month every May to raise awareness and understanding of mental health and illness.

THEREFORE, I Matthew Ung, do hereby proclaim May 2024 as Mental Health Month in Woodbury County, Iowa. As Chairman, I also call upon the citizens, government agencies, public and private institutions, businesses, and schools of Woodbury County, Iowa to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

DATED: this 7th day of May 2024

ATTEST

Patrick F. Gill
Woodbury County Auditor

WOODBURY COUNTY BOARD OF SUPERVISORS

Matthew A. Ung, Chairman